had a passion for the outdoors, guns, hunting and aspired to become a police officer upon completing his service in the Army.

Gary tragically lost his life on January 19, 2019 at the Fort Campbell base in Kentucky serving our nation. His dedication to the United States and willingness to serve is something we shall never forget.

He leaves behind his devoted wife, Araceli Borba, his mother Carol Elliot, father Gary J. Borba, Sr., stepfather Corey Elliot, sister Madison Borba, brother Mathew Borba, his half-brothers Branden Borba and Jacob Borba, and half-sister Brigitte Borba.

Madam Speaker, I urge my colleagues to join me in recognizing the service and life of Gary John Borba, II. May he rest in peace and may we always remember the sacrifice he made for our country.

MCKAY RUSSELL MARBLE

HON. SAM GRAVES

OF MISSOURI

IN THE HOUSE OF REPRESENTATIVES

Tuesday, February 5, 2019

Mr. GRAVES of Missouri. Madam Speaker, I proudly pause to recognize McKay Russell Marble. McKay is a very special young man who has exemplified the finest qualities of citizenship and leadership by taking an active part in the Boy Scouts of America, Troop 96, and earning the most prestigious award of Eagle Scout.

McKay has been very active with his troop, participating in many scout activities. Over the many years McKay has been involved with scouting, he has not only earned numerous merit badges, but also the respect of his family, peers, and community. Most notably, McKay organized his troop to nail 600 metal plates to the power poles in Gallatin Missouri, so the city could slide in numbers to help them identify different power poles.

Madam Speaker, I proudly ask you to join me in commending McKay Russell Marble for his accomplishments with the Boy Scouts of America and for his efforts put forth in achieving the highest distinction of Eagle Scout.

RECOGNIZING CHARLES J. DIMATTEO

HON. THEODORE E. DEUTCH

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES $Tuesday,\ February\ 5,\ 2019$

Mr. DEUTCH. Madam Speaker, I rise today to recognize my constituent, Mr. Charles DiMatteo, who will be celebrating his 100th Birthday on February 8.

The son of a produce store owner father and a seamstress mother from Sicily, Charles lived the American Dream. He was born at home and raised in Boston, Massachusetts, as one of nine children. His parents were well-known in the area as co-founders of Sacred Heart Church on North Street in the North End. Charles went to school and helped out in the family store.

Charles received a draft notice and entered the Army Air Corps in 1942, serving as a radio operator and marksman. He was in 16 missions under fire in places like Burma, China and India. He suffered serious injury while unloading a cargo plane and was hospitalized. Charles continued his service until 1946, when he was honorably discharged with many service medals and honors.

Following his military service, Charles worked as a railroad claims agent and ran a wholesale produce business. His fruit baskets were legendary in the area and he was referred to as the "Basket King." He is a lifelong member of the VFW (Veterans of Foreign Wars) and the DAV (Disabled American Veterans). After retiring at age 70 and relocating to Florida, he joined DAV Chapter 133 in Pompano Beach.

Charles is known as a generous man who has supported many charities over the years. Charles is also a family man with a loving wife Anita, two children, 7 grandchildren and 9 great-grandchildren. Despite knee replacement and back surgeries, Charles still gets around quite well at age 99. Not surprisingly, he is a fan of the Boston Red Sox and the New England Patriots, and enjoys watching their games on television. His other hobbies include following the stock market, swimming and dining out.

Madam Speaker, today I am pleased to honor Mr. Charles DiMatteo and his service to his country and his community. Happy Birthday, Charles.

WEST METRO CHAMBER 2019 SPAY TODAY, NEUTER NOW

HON. ED PERLMUTTER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, February 5, 2019

Mr. PERLMUTTER. Madam Speaker, I rise today to recognize and applaud Spay Today, Neuter Now for receiving the 2019 Nonprofit of the Year Award from the West Metro Chamber of Commerce.

Dr. Angelina Piccoli brought her vision to help pets and pet owners in need to life and founded Spay Today in 2009. Over the last ten years, the company has grown from two employees to 20, serving over 10,000 pets each year. To date, the company has spayed and neutered more than 65,000 cats, dogs and rabbits and provided low-cost vaccines, microchips and other veterinary care to thousands more.

Under the leadership of our Executive Director, Cassie Tanner, and the Board of Directors, Spay Today purchased a building at the end of 2017 and renovations are nearly complete on the new clinic in the Eiber neighborhood in Lakewood. Their relocation will allow them to expand the safety net for pets in need by adding much needed basic wellness services along with a community outreach program.

Spay Today works with community partners like The Action Center and Colorado Pet Pantry to provide free veterinary care to pet owners struggling financially. In 2016, they launched Healthy Paws, a voucher program which has provided nearly 1,000 free spays and neuters to pets in need.

Thank you to Spay Today, Neuter Now for their commitment to providing high-quality, accessible and affordable spay, neuter and basic veterinary care to our community. I extend my deepest congratulations to Spay Today, Neuter Now for this well-deserved recognition.

CELEBRATING NATIONAL SCHOOL COUNSELING WEEK AND VANESSA IAQUINTA

HON, LINDA T. SÁNCHEZ

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, February 5, 2019

Ms. SÁNCHEZ. Madam Speaker, I rise today to celebrate National School Counseling Week, and to honor a treasured member of my community and school counselor at Norwalk High School, Vanessa laquinta. Ms. laquinta has dedicated over 20 years to empowering students and serving as a role model, mentor, and advocate to students and their families in our community. She always goes above and beyond what is expected of her to serve the students at Norwalk High School.

In addition to her role as a counselor, she has taken on many leadership roles. Ms. laquinta leads the AVID program, which serves over 200 students and has been immensely successful under her guidance, achieving an inspiring 100 percent college acceptance rate. She also serves as the counselor for the Project Lead the Way, which ofers students interested in the medical field the opportunity to take classes and field trips to help them achieve their college and career dreams.

Ms. laquinta developed class presentations to help students create four-year plans, discuss graduation and college requirements, and provide other resources to support students in planning for post-secondary school. She also organized the other counselors to provide evening appointments for parents who otherwise would not be able to meet with counselors to discuss their child's academic performance and progress. Ms. laquinta truly cares about students and wants them to succeed. She has contributed to Norwalk in many ways, and works hard to bring new ideas and programs to the school that will benefit the students.

Norwalk High School is a special place because of dedicated professionals like Ms. laquinta, and I couldn't be more proud to honor her today. If more people were like Ms. laquinta, the world would be a much nicer place. In honor of National School Counseling Week, I ask my colleagues to join me in thanking all the school counselors who are making a positive impact in the lives of our students.

TRIBUTE TO DONALD L. WATTENBARGER

HON. HAROLD ROGERS

OF KENTUCKY

IN THE HOUSE OF REPRESENTATIVES $Tuesday,\ February\ 5,\ 2019$

Mr. ROGERS of Kentucky. Madam Speaker, I rise today to pay tribute to the memory of Donald Wattenbarger of London, Kentucky, a retired Laurel County Sheriff's Deputy who dedicated more than 20 years as a bailiff for district and circuit courts.

In addition to his commitment to serve and protect the people of Laurel County, Don had a generous heart for local youth. He was a former chairman and avid supporter of the

local Shop with a Cop program, providing children in need with the opportunity to go shopping during the holidays with an officer or first responder from the Sheriff's Department. He and his wife, Virginia, were instrumental in bringing the program to London in 1996. As a result of their perseverance and fundraising efforts over the last two decades, Shop with a Cop has continued to grow and give hope to children who need it the most. Don was also a board member of the London-Laurel County DARE program for many years, where he tirelessly worked to prevent drug abuse through school education programs.

Don was a faithful member of the Calvary Baptist Church and a member of the C.D. Ward Masonic Lodge and Oleika Shriners Temple in Lexington, Kentucky. He was also named a Kentucky Colonel by Governor Paul Patton. In fact, Don was so beloved by his hometown, he was voted a "London Living Treasure" in 2018, an award presented to those who have given a lifetime of service to London and Laurel County.

Don's commitment to Laurel County is a testament to the impact one person can have on a community. My wife, Cynthia, and I send our heartfelt condolences to Virginia and the host of family, friends and community members whose lives were affected by this greatman. We deeply appreciate the compassion he shared and the service he gave to his community.

Madam Speaker, I ask my colleagues to join me in honoring the late Don Wattenbarger for a lifetime of dedicated service in southern Kentucky.

CELEBRATION AND RECOGNITION OF THE HONORABLE STATE REPRESENTATIVE DANILO BURGOS

HON. ADRIANO ESPAILLAT

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES Tuesday, February 5, 2019

Mr. ESPAILLAT. Madam Speaker, the Honorable Danilo Burgos is the State Representative for Pennsylvania's 197th State House district and is the first Dominican-American to represent the neighborhoods in North Philadelphia of Fairhill, Kensington, Hunting Park, Glenwood, and Feltonville in the Pennsylvania House of Representatives; and elected in 2018 as the first Dominican-American to hold that seat in the legislature.

Representative Burgos and his family have strong ties to Huntington Park and where Representative Burgos first became interested in social justice and community activism that led him to be a co-founder of the Philadelphia Dominican Grocers' Association to support and galvanize Philadelphia-area grocery and bodega owners like his family to engage with their communities and become informed and involved in American politics.

Representative Burgos works with business and community leaders to create economic stability and safer communities in North Philadelphia, serving on the boards of the Eastern Pennsylvania Organizing Project, the Hispanic Chamber of Commerce, the Visitation Community Center, and Proyectos Sin Fronteras, among others.

Representative Burgos has made political engagement a priority placing an emphasis on

highlighting and supporting political engagement; "Get involved in what you care about—as a community, as a human being," Burgos said. "Don't let others dictate your future."

WEST METRO CHAMBER 2019 GALA FOOD FOR THOUGHT CATERING

HON. ED PERLMUTTER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, February 5, 2019

Mr. PERLMUTTER. Madam Speaker, I rise today to recognize and applaud Food For Thought Catering for receiving the 2019 Small Business of the Year Award from the West Metro Chamber of Commerce.

Forty years ago, Wheat Ridge native Suzanne Smith, and another parent thought the 420 students at the parochial school their children were attending deserved more than a cold sack lunch every day. For six years, the two mothers came to the school once a month to prepare a hot lunch for the students. Several years later, Suzanne was asked if she could prepare food for a rehearsal dinner. Food For Thought Catering was born and today the company caters everything from small intimate dinners for two to events for 250 people as well as breakfast, lunch, dinner, business meetings special events, and afternoon teas. "Food with thought" has been their guiding principle and motto ever since.

I extend my deepest congratulations to Food For Thought Catering for this well-deserved recognition.

IN RECOGNITION OF ALPHA KAPPA ALPHA SORORITY, INC. PINK GOES RED DAY FOR HEART HEALTH

HON. SHEILA JACKSON LEE

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Tuesday, February 5, 2019

Ms. JACKSON LEE. Madam Speaker, I rise to recognize my sorority, Alpha Kappa Alpha Sorority for the extraordinary work it does all throughout the nation.

On January 15, 1908, nine college students on the campus of Howard University in Washington, D.C. founded Alpha Kappa Alpha Sorority.

As a member of the Xi Alpha Omega Chapter of Alpha Kappa Alpha Sorority, Incorporated, I take great pride in my sorority's tradition of service and the many programs that it has established to serve our communities.

One of the founders, Ethel Hedgeman Lyle, dreamed of creating a support network for like-minded women coming together for mutual uplift, and coalescing their talents and strengths for the benefit of others.

What began as a small band of sisters in 1908, transformed over the ensuing 111 years into a globally-impactful organization of nearly 300,000 college-trained members, bound by the bonds of sisterhood and empowered by a commitment to servant-leadership that is both domestic and international in scope.

As Alpha Kappa Alpha Sorority has grown, it has maintained its focus in two key arenas: the lifelong personal and professional develop-

ment of each of its members; and galvanizing its membership into an organization of formidable power and influence, consistently at the forefront of effective advocacy and social change that results in equality and equity for all citizens of the world.

In order to maintain its commitment to servant-leadership, Alpha Kappa Alpha Sorority hosts an international conference every two years.

On July 6–July 12, 2018, my fellow Sorors from all around the world came to my hometown in Houston to launch "New Dimensions of Service by Celebrating a Legacy of Leadership and Service."

At this conference Alpha Kappa Alpha Sorority decided on new targets of focus for the next two years, which include: HBCU for Life: A Call to Action; Women's Healthcare and Wellness; Building Your Economic Legacy; The Arts! and Global Impact.

February 2019 is Women's Healthcare and Wellness month.

To kick off Women's Healthcare and Wellness month, Alpha Kappa Alpha Sorority has joined with the American Heart Association in the fight against heart disease in order to improve the health of all women.

On February 1, Alpha Kappa Alpha women all over the world took off their pink and wore red for the day to raise awareness of this deadly disease for their "Pink Goes Red Impact Day."

Alpha Kappa Alpha chapters are bringing awareness to the devastating effects of heart disease in communities around this country.

My chapter, Xi Alpha Omega hosted a Zumba and Line Dancing Class at our Houston Texans YMCA to promote a fun and healthy way to stay heart healthy.

As we observe Pink Goes Red Impact Day and Heart Health month on the international level, here are some unsettling truths about heart disease and high blood pressure and undeniable truths about prevention that can help to stem the tide of this dreadful disease.

Cardiovascular diseases kill nearly 50,000 African-American women annually.

Forty-nine percent of African-American women 20 years of age and older have heart disease.

Only one in five African-American women believes she is personally at risk.

Only 52 percent of African-American women are aware of the signs and symptoms of a heart attack.

Only 36 percent of African-American women know that heart disease is their greatest health risk

These unsettling truths are the reason that Alpha Kappa Alpha Sorority has made Heart Health and Wellness Month one of its most important initiatives.

Although there is nothing that will 100 percent guarantee a life without high blood pressure and heart disease, there are several things women can do every day to take steps towards a healthier life.

Be honest about their health. There are several things that can be done to reduce the risk of heart disease: exercise regularly; eat healthy; know your family medical history; and monitor and treat pre-existing health conditions

Moderate salt and sodium intake and read the label and be knowledgeable about what is contained in the food consumed.

Commit to improving eating habits by developing a healthy diet and healthy cooking skills,